

## BEHAVIORAL HEALTH

Laguna Beach, California

### USE CASE

- SOBRcheck for medication stations
- SOBRsure for outpatient monitoring

### OPERATIONAL BENEFITS

- Time-stamped meds delivery
- Client ID biometrically verified
- Seamless data input to EMR
- Positive reinforcement, not policing

### BACKGROUND

A leader in substance-use disorder and dual-diagnosis care, Oceanfront Recovery is a licensed and accredited facility located in Laguna Beach, California. Oceanfront Recovery has been delivering exceptional care since 2016, positively impacting the lives of countless individuals and families. The facility specializes in a range of comprehensive services, including medical detoxification, 30-day residential treatment programs and short-term stabilization interventions.

In accordance with the California Department of Health Care Services regulations, Oceanfront adheres to stringent protocols regarding the storage and administration of medications. At the medical detox facility, licensed nurses oversee the administration process. For clients at the residential level, Oceanfront has treatment technicians in place for medication management.

During medication administration, Oceanfront staff closely monitor clients, conducting vital sign checks and administering breath tests to ensure that no alcohol has been consumed. Although Oceanfront operates in a 24-hour care setting with minimal relapse risk, these procedures are essential. The process safeguards both the client and the community, as well as mitigating potential risks associated with medication-alcohol interactions. Traditionally, Oceanfront utilized standard breathalyzer devices for alcohol screening, which inherently presented several challenges. It exposed staff and clients to airborne pathogens and the process itself was cumbersome and time-consuming.



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*“SOBRcheck has been an invaluable tool for us,”* said Oceanfront Recovery President and COO Keenen Diamond. *“It empowers us to verify the absence of alcohol in a rapid, accurate way, replacing breathalyzers for our everyday use.”*

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## PROGRAM

In January 2024, Oceanfront partnered with SOBRsafe to implement SOBRcheck™ devices at medication stations. Clients simply placed their hand on the device, confirming their identity and completing an alcohol screen in approximately 10 seconds – no manual ID logging, or invasive breath, blood or urine samples required. The biometric scanning feature of SOBRcheck ensured that the right person received the right medication at the right time, with all data seamlessly integrating into Oceanfront's digital medical records system.

## RESULTS

The transition to transdermal alcohol monitoring provided several benefits to Oceanfront, including enhanced compliance with infection control measures, improved accuracy and efficiency in alcohol screening and the achievement of client tracking objectives. The switch also better accommodated clients with respiratory challenges. Following a successful four-week trial period, Oceanfront is rolling the SOBRcheck technology out to each of its residential facilities.

### SOBRsure for Outpatient Accountability

Additionally, Oceanfront has several clients utilizing SOBRsure™, a fitness-style wearable for 24/7 client monitoring. Multiple judges in Orange County have approved the SOBRsure wearable band for court-ordered alcohol monitoring.

"SOBRsure's continuous, passive monitoring has been a welcome change from traditional remote breath products, and it has led to positive outcomes – we are pleased to report one client wearing SOBRsure has now achieved over 120 consecutive days of sobriety, as empirically demonstrated through the SOBRsure app," Diamond said.

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*"Our clients have also shared an unexpected benefit of wearing the sleek, fitness-style SOBRsure – seeing it physically on their wrist has created intrinsic accountability and reduced relapse rates. We did not expect the device to go well beyond monitoring and actually become a positive reinforcement tool rather than a policing band."*

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#### + PASSIVE

No administered or scheduled testing, just wear and live life

#### + PRECISE

89-93% accurate at 3-4 drinks; up to 99% accurate at 5+ drinks

#### + PRIVATE

Anonymized data, monitoring with no public visibility